


	Calories	Calories from Fat	Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Eggs	Fish	Milk	Peanut	Shellfish	Soy	Tree Nuts	Wheat	

Bowl																			
Jasmine Rice	260	15	1.5	0	0	0	0	56	3	0	5								
Jasmine Rice - Kid's Bowl	130	7.5	0.75	0	0	0	0	28	1.5	0	2.5								
Brown Rice	260	15	2	0	0	0	10	54	2	0	5								
Brown Rice - Kid's Bowl	130	7.5	1	0	0	0	5	27	1	0	2.5								
Chilled Rice Noodles	140	0	0	0	0	0	0	9	0	0	0								
Chilled Rice Noodles - Kid's Bowl	70	0	0	0	0	0	0	4.5	0	0	0								
Mixed Greens	25	0	0	0	0	0	35	5	2	2	1								
Mixed Greens - Kid's Bowl	12.5	0	0	0	0	0	17.5	2.5	1	1	0.5								
Foosia Flat Bread	310	60	7	3	0	0	550	53	2	3	9								X
Foosia Flat Bread - Kid's Bowl	155	30	3.5	1.5	0	0	275	26.5	1	1.5	4.5								X

Protein																			
Marinated Steak	210	90	10	4.5	0.5	90	700	1	0	1	29						X		
Marinated Steak - Kid's Bowl	105	45	5	2.25	0.25	45	350	0.5	0	0.5	14.5						X		
Slow Roasted Pork	230	100	11	3.5	0	95	270	1	0	0	31								
Slow Roasted Pork - Kid's Bowl	115	50	5.5	1.75	0	47.5	135	0.5	0	0	15.5								
Grilled Chicken	170	50	5	1.5	0	100	630	1	0	1	30						X		
Grilled Chicken - Kid's Bowl	85	25	2.5	0.75	0	50	315	0.5	0	0.5	15						X		
Seared Shrimp	120	5	0	0	0	215	580	1	0	0	28					X	X		X
Seared Shrimp - Kid's Bowl	60	2.5	0	0	0	107.5	190	0.5	0	0	14					X	X		X
Crispy Tofu	330	210	23	3.5	0	0	25	17	6	0	20						X		
Crispy Tofu - Kid's Bowl	165	105	11.5	1.75	0	0	12.5	8.5	3	0	10						X		

Vegetable																			
Foosia Fresh Mix (Wok Glazed)	30	0	0	0	0	0	390	6	2	2	2						X		X
Foosia Fresh Mix (Wok Glazed) - Kid's Bowl	15	0	0	0	0	0	195	3	1	1	1						X		X
Foosia Fresh Mix (Steamed)	30	0	0	0	0	0	15	6	2	3	1								

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												Eggs	Fish	Milk	Peanut	Shellfish	Soy	Tree Nuts	Wheat	
Foosia Fresh Mix (Steamed) - Kid's Bowl	15	0	0	0	0	0	7.5	3	1	1.5	0.5									

Sauce																				
Kim Jong-Who??? BBQ	70	40	4.5	1	0	0	330	5	0	4	1						X			X
Kim Jong-Who??? BBQ - Kid's Bowl	35	20	2.25	0.5	0	0	165	2.5	0	2	0.5						X			X
Holy Foobanero	20	0	0	0	0	0	70	5	1	3	1									
Holy Foobanero - Kid's Bowl	10	0	0	0	0	0	35	2.5	0.5	1.5	0.5									
Muay Thai Vinaigrette	45	0	0	0	0	0	1040	13	0	10	1		X							
Muay Thai Vinaigrette - Kid's Bowl	22.5	0	0	0	0	0	520	6.5	0	5	0.5		X							
Two Nuts Walk Into A Bar...	90	45	5	1.5	0	0	260	8	1	7	3				X	X	X			X
Two Nuts Walk Into A Bar... - Kid's Bowl	45	22.5	2.5	0.75	0	0	130	4	0.5	3.5	1.5				X	X	X			X
Foo Foo Mango-Lime	25	0	0	0	0	0	90	11	0	10	0									
Foo Foo Mango-Lime - Kid's Bowl	12.5	0	0	0	0	0	45	5.5	0	5	0									
Okinawan Pineapple Pow	30	0	0	0	0	0	450	3	1	2	1						X			X
Okinawan Pineapple Pow - Kid's Bowl	15	0	0	0	0	0	225	1.5	0.5	1	0.5						X			X
Fooster Sauce	35	0	0	0	0	0	150	8	0	8	0					X				
Fooster Sauce - Kid's Bowl	17.5	0	0	0	0	0	75	4	0	4	0					X				

Toppings																				
Chinese Slaw	10	0	0	0	-	0	80	2	1	0	0									
Chinese Slaw - Kid's Bowl	5	0	0	0	-	0	40	1	0.5	0	0									
Pickled Fresno Chiles	0	0	0	0	0	0	45	0	0	0	0									
Pickled Fresno Chiles - Kid's Bowl	0	0	0	0	0	0	22.5	0	0	0	0									
Crispy Shallots	20	15	1.5	0	0	0	0	1	1	-	0									X
Crispy Shallots - Kid's Bowl	10	7.5	0.75	0	0	0	0	0.5	0.5	-	0									X
Toasted Peanuts	20	15	2	0	0	0	30	1	0	0	1				X					
Toasted Peanuts - Kid's Bowl	10	7.5	1	0	0	0	15	0.5	0	0	0.5				X					
Thai Herb Mix	0	0	0	0	0	0	0	0	0	0	0									
Thai Herb Mix - Kid's Bowl	0	0	0	0	0	0	0	0	0	0	0									

																			
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Lime Squeeze	0	0	0	0	0	0	0	0	0	0	0								
Lime Squeeze - Kid's Bowl	0	0	0	0	0	0	0	0	0	0	0								
Mung Bean Sprouts	10	0	0	0	0	0	0	2	1	1	1								
Mung Bean Sprouts - Kid's Bowl	5	0	0	0	0	0	0	1	0.5	0.5	0.5								
Crispy Wonton Wrappers	70	25	3	0	0	0	80	8	0	0	2	X							X
Crispy Wonton Wrappers - Kid's Bowl	35	12.5	1.5	0	0	0	40	4	0	0	1	X							X
Asian Cucumbers	0	0	0	0	0	0	280	0	0	0	0								
Asian Cucumbers - Kid's Bowl	0	0	0	0	0	0	140	0	0	0	0								
Hard Boiled Egg	80	50	5	1.5	-	185	60	1	0	1	6	X							
Hard Boiled Egg - Kid's Bowl	40	25	2.5	0.75	-	92.5	30	0.5	0	0.5	3	X							
Sesame Seeds	10	5	0.5	0	0	0	0	0	0	0	0								
Sesame Seeds - Kid's Bowl	5	2.5	0.25	0	0	0	0	0	0	0	0								

We are committed to providing as accurate nutritional information as possible. However, there may be differences between the actual nutritional content of your freshly prepared menu item and the nutritional values provided. The nutritional values are derived using an industry standard database, but do not account for the natural variability that occurs within ingredients, variation that occurs due to the hand-crafted nature of portioning each plate or variation that may occur due to substitutions that Guests request. Therefore, the nutritional values should be considered approximations. Our menu does not contain artificial trans fat (partially-hydrogenated oil). Some menu items contain naturally occurring trans fat from full fat dairy and/or meats.

Menu items not listed here do not have nutritional information available.